

Course Rating 68.7

Men's White (from 8 Jan 2026)

Par 70 Slope 126

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.7	+7	28.6 to 29.4	31
+4.6 to +3.8	+6	29.5 to 30.3	32
+3.7 to +2.9	+5	30.4 to 31.2	33
+2.8 to +2.0	+4	31.3 to 32.1	34
+1.9 to +1.1	+3	32.2 to 33.0	35
+1.0 to +0.2	+2	33.1 to 33.8	36
+0.1 to 0.7	+1	33.9 to 34.7	37
0.8 to 1.6	0	34.8 to 35.6	38
1.7 to 2.5	1	35.7 to 36.5	39
2.6 to 3.4	2	36.6 to 37.4	40
3.5 to 4.3	3	37.5 to 38.3	41
4.4 to 5.2	4	38.4 to 39.2	42
5.3 to 6.0	5	39.3 to 40.1	43
6.1 to 6.9	6	40.2 to 41.0	44
7.0 to 7.8	7	41.1 to 41.9	45
7.9 to 8.7	8	42.0 to 42.8	46
8.8 to 9.6	9	42.9 to 43.7	47
9.7 to 10.5	10	43.8 to 44.6	48
10.6 to 11.4	11	44.7 to 45.5	49
11.5 to 12.3	12	45.6 to 46.4	50
12.4 to 13.2	13	46.5 to 47.3	51
13.3 to 14.1	14	47.4 to 48.2	52
14.2 to 15.0	15	48.3 to 49.1	53
15.1 to 15.9	16	49.2 to 50.0	54
16.0 to 16.8	17	50.1 to 50.9	55
16.9 to 17.7	18	51.0 to 51.8	56
17.8 to 18.6	19	51.9 to 52.7	57
18.7 to 19.5	20	52.8 to 53.6	58
19.6 to 20.4	21	53.7 to 54.0	59
20.5 to 21.3	22		
21.4 to 22.2	23		
22.3 to 23.1	24		
23.2 to 24.0	25		
24.1 to 24.9	26		
25.0 to 25.8	27		
25.9 to 26.7	28		
26.8 to 27.6	29		
27.7 to 28.5	30		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.