

COURSE HANDICAPTM TABLE East Cork Golf Club



Course Rating 68.0	Men's Blue (from	19 Apr 2025)	Par 69 Slope 123
Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap [™]
+5.0 to +4.2	+6	26.2 to 27.1	28
+4.1 to +3.3	+5	27.2 to 28.0	29
+3.2 to +2.3	+4	28.1 to 28.9	30
+2.2 to +1.4	+3	29.0 to 29.8	31
+1.3 to +0.5	+2	29.9 to 30.7	32
+0.4 to 0.4	+1	30.8 to 31.6	33
0.5 to 1.3	0	31.7 to 32.6	34
1.4 to 2.2	1	32.7 to 33.5	35
2.3 to 3.2	2	33.6 to 34.4	36
3.3 to 4.1	3	34.5 to 35.3	37
4.2 to 5.0	4	35.4 to 36.2	38
5.1 to 5.9	5	36.3 to 37.2	39
6.0 to 6.8	6	37.3 to 38.1	40
6.9 to 7.8	7	38.2 to 39.0	41
7.9 to 8.7	8	39.1 to 39.9	42
8.8 to 9.6	9	40.0 to 40.8	43
9.7 to 10.5	10	40.9 to 41.8	44
10.6 to 11.4	11	41.9 to 42.7	45
11.5 to 12.4	12	42.8 to 43.6	46
12.5 to 13.3	13	43.7 to 44.5	47
13.4 to 14.2	14	44.6 to 45.4	48
14.3 to 15.1	15	45.5 to 46.3	49
15.2 to 16.0	16	46.4 to 47.3	50
16.1 to 16.9	17	47.4 to 48.2	51
17.0 to 17.9	18	48.3 to 49.1	52
18.0 to 18.8	19	49.2 to 50.0	53
18.9 to 19.7	20	50.1 to 50.9	54
19.8 to 20.6	21	51.0 to 51.9	55
20.7 to 21.5	22	52.0 to 52.8	56
21.6 to 22.5	23	52.9 to 53.7	57
22.6 to 23.4	24	53.8 to 54.0	58
23.5 to 24.3	25		
24.4 to 25.2	26		
25.3 to 26.1	27		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ in the right column which correspond with that range. Please make sure the tees you are playing correspond with the tees this table applies to.